AMENDMENTS TO THE SPECIFICATION

Please replace lines 15-24 on page 13 with the following:

Fig. 6 is a graph illustrating the reverse link load in an alternate embodiment of the present invention. In Fig. 6. $L_{\rm MAX}$ is the maximum load beyond which the system is unstable and outages are likely to occur. $L_{\rm MIN}$ is the load below which the system is considered lightly loaded. $L_{\rm T}$ is a target load at which the RBS 36 should operate. The values $L_{\rm MAX}$, $L_{\rm T}$, and $L_{\rm MIN}$ divide the range of possible load values into four regions, which can be indicated by two bits. In this embodiment, the RBS 36 determines the load indication b(n) as follows:

$$\begin{array}{lll} if & (L(n) > L_{\text{MAX}}) & \{set \, b(n) = 2\} \\ & & \\ \hline else \, if & (L_T > = L(n) > L_T) & \{set \, b(n) = 1\} \\ & & \\ \hline else \, if & (L_{\text{MAX}} > = L(n) > L_T) & \{set \, b(n) = 1\} \\ & & \\ \hline else \, if & (L_T > = L(n) > L_{\text{MIN}}) & \{set \, b(n) = -1\} \\ else & \{set \, b(n) = -2\} \end{array}$$

The load indication b(n) may comprise, for example, a pair of reverse activity bits (RABs) with the values shown in Fig. 6.